

Managing Challenging Behaviour for Parents/Carers

Managing Challenging Behaviour in Children

Wednesday 6th December
9am-9:45am Community Room

Would you like to learn more about how you can support your child when they display challenging behaviours?

This session is facilitated by Rebecca Gregory, a Schools Mental Health Practitioner from the Mental Health Support Team (MHST) here at Sir John Lillie Primary

During this free workshop, we will cover:

- Understanding where challenging behaviours may come from
 - Setting boundaries and routines
 - Positive and Negative reinforcement

If you are interested in joining us,
please express your interest to Victoria Hall or just come
along on the morning of the Wednesday 6th December



For blog posts, and to learn more about the support we offer, see our website: www.bfahmind.org.uk
Check out our video channel, providing you with resources and support on a
variety of mental health and wellbeing topics: www.my-mind.tv